

At the start of January, we invited those in our church to fill out a spiritual health assessment to help us see the areas of strength and areas for improvement. We'd like to say a huge thank you to the 44 people who filled out the survey. We're excited to share some of those results with you today!

We read the Bible. 70% of people use the Bible at least 4 times a week. Of course, we would like to see this even higher, but 70% is a good portion who acknowledge a need for God daily in the scriptures.

Also, the more people were using their bibles, the more they desire Jesus to be first in their lives, the more they believed God was actively involved in their life, the more they gave away their time to serve others in the community, the better they described their prayer life, and the more generous they were financially.

Reading the Bible is a keystone habit that correlates with many aspects of our spiritual lives.

Prayer was also important for people at Ross Road. 91% of people pray at least a little every day and 54% percent of people say prayer is a keystone habit or they have regular communion with God in prayer. We celebrate that we are a praying church.

### What best describes your prayer life?

12 of 27 questions

9%	I rairely pray or pray when I am desperate.	4 responses
36%	I pray a little every day.	16 responses
27%	Prayer is a keystone habit in my life.	12 responses
27%	I feel I have regular communion with God in prayer.	12 responses





Most people attend church every week. This is an exciting contradiction to the typical trend of most people attending church less (2-3 times a month).

## Over the past year, on average, how often did you attend this church's main worship service or watch the service online?

20 of 27 questions



And many people are actively involved in Care Groups. 77% of survey respondents indicated regularly attending a care group.

Also, the people who experienced the most growth in their life are the people who are both discipling others and being discipled themselves. God has made us to be connected with others. If you are wanting to grow spiritually, make sure you are in discipling relationships where you can receive from others and pour into others.

People are also very involved at Ross Road 72% of people say they volunteer at least every month. This rises above the adage that 20% of the people do 80% of the work. Thank you to everyone who helps!





When people are confident they know their spiritual gifts, they use them. Only one person said they know their spiritual gifts but don't use them regularly. So, if you aren't sure about your spiritual gifts, find out; do a test, ask some friends, pray about it, and then start trying to use it more to see if it is true.

#### What best describes your Spiritual Cifts

26 of 27 questions

63%	I Know my spiritual gifts and I use them regularly.	26 responses
2%	I know my spiritual gifts but don't use them very often,	1 response
27%	I have an idea of my spiritual gifts but I am not sure if I am using them.	11 responses
7%	I do n't know my spiritual gifts.	3 responses

Most people give regularly at least 5%. This shows people are sacrificially being generous with their money. Jesus said, "For where your treasure is, there your heart will be also," (Matthew 6:21). This shows that many are giving sacrificially to God and their heart is treasuring him.

#### Are you giving financially to Ross Road CC?

27 of 27 questions



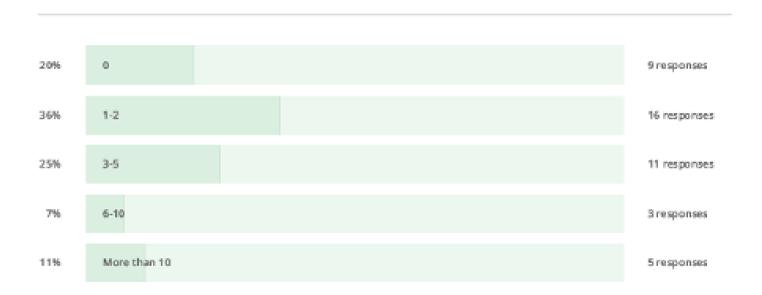




While many people haven't had faith conversations with others yet, some people have; we are excited about this and hope to see this number grow.

# How many times in the last year did you have a conversation about faith or religious beliefs with a non-Christian friend, family member or co-worker?

10 of 27 guestions



While it is encouraging to see some of these steps of spiritual health, we are even more excited about where God wants to take us as a church as we help each other and others find and follow Him.

Congratulations to Charles Storey for being randomly selected for a \$25 gift card to House of James for filling out the Spiritual Health survey.

